

SMART EATING SIDES

WHOLE WHEAT SPAGHETTI <i>Served in our homemade red sauce</i>	9.95
ARTICHOKES & CHERRY TOMATOES <i>Sautéed in fresh garlic & olive oil and topped with feta cheese</i>	6.95
ASPARAGUS & SUN-DRIED TOMATOES <i>Prepared in our creamy rosa sauce</i>	7.45
SAUTÉED SPINACH OR BROCCOLI <i>Prepared in fresh garlic & olive oil</i>	6.95
STEAMED BROCCOLI OR ASPARAGUS	5.95

SMART EATING PIZZA

ALL SMART EATING PIZZAS ARE MADE WITH OUR 100% WHOLE WHEAT PIZZA DOUGH
SOY CHEESE ~ 2.00 FOR PERSONAL PIZZA ~ 3.00 ALL OTHER SIZES

PERSONAL
10" ~ 8 slices
9.95

SMALL
14" ~ 8 slices
12.95

LARGE
16" ~ 8 slices
13.95

CREATE YOUR OWN SMART EATING PIZZA

SELECT FROM THE TOPPINGS BELOW AND WE WILL MAKE YOUR 100% WHOLE WHEAT PIZZA
SOY CHEESE ~ 2.00 FOR PERSONAL PIZZA ~ 3.00 ALL OTHER SIZES

STANDARD TOPPINGS

PERSONAL PIZZA
1.95

ALL OTHER PIZZAS
2.45

CHEESE

LEAN & TRIM MOZZARELLA

VEGETABLE

ARTICHOKES ♦ ASPARAGUS

BLACK OLIVES ♦ BROCCOLI ♦ CAPERS

GARLIC ♦ MUSHROOMS ♦ ONIONS ♦ PEPPERS

PINEAPPLE ♦ ROASTED PEPPERS ♦ SPINACH

SUN-DRIED TOMATOES ♦ TOMATOES ♦ ZUCCHINI

SEAFOOD

ANCHOVIES ♦ MUSSELS

GOURMET SAUCE

BARBECUE SAUCE ♦ CREAMY ROSA ♦ VODKA SAUCE

DELUXE TOPPINGS

PERSONAL PIZZA
2.95

ALL OTHER PIZZAS
3.95

MEAT

GRILLED CHICKEN ♦ STEAK

CHEESE

FETA ♦ FRESH MOZZARELLA

VEGETABLE

BRUSCHETTA ♦ EGGPLANT

SEAFOOD

FRESH CALAMARI ♦ CLAMS ♦ SHRIMP

GOURMET SAUCE

GORGONZOLA BLEU CHEESE ♦ PESTO ♦ SCAMPI

AN 18% GRATUITY MAY BE INCLUDED FOR PARTIES OF 6 OR MORE.



GOURMET SMART EATING PIZZAS



ALL SMART EATING PIZZAS ARE MADE WITH OUR 100% WHOLE WHEAT PIZZA CRUST

SOY CHEESE ~ 2.00 FOR PERSONAL PIZZA ~ 3.00 ALL OTHER SIZES

SPECIALTY PIZZAS

	PERSONAL	SMALL	LARGE
TRADITIONAL-STYLE WHOLE WHEAT PIZZA	9.95	12.95	13.95
LEAN & TRIM PIZZA	11.95	14.95	15.95
<i>Our whole wheat pizza made with homemade red sauce & low fat mozzarella cheese</i>			
SEAFOOD COMBO	18.95	22.95	24.95
<i>Littleneck clams, shrimp, mussels & a touch of garlic</i>			
SMART EATING SAMPLER		LARGE	23.95
<i>¼ ~ Eggplant, spinach & fresh garlic</i>			
<i>¼ ~ Grilled chicken & roasted peppers</i>			
<i>¼ ~ Artichokes & sun-dried tomatoes</i>			
<i>¼ ~ Grilled chicken, a touch of our red sauce & pesto</i>			

GRILLED CHICKEN PIZZAS

SORRENTO	16.95	20.95	22.95
<i>Grilled chicken, sun-dried tomatoes, a touch of our red sauce, mozzarella cheese & pesto</i>			
CACCIATORE	16.95	20.95	22.95
<i>Grilled chicken, fresh mushrooms, sweet bell peppers & onions</i>			
CHICKEN PARMIGIANA	15.95	19.95	21.95
<i>Grilled chicken, fresh garlic & parsley</i>			
BBQ CHICKEN	15.95	19.95	21.95
<i>Grilled chicken, barbecue sauce & mozzarella cheese</i>			
BUFFALO CHICKEN	15.95	19.95	21.95
<i>Grilled chicken & Buffalo sauce topped with ranch dressing & mozzarella cheese</i>			
CHICKEN, ROASTED PEPPERS & BROCCOLI	16.95	20.95	22.95

VEGETABLE PIZZAS

FRESH MOZZARELLA, TOMATOES & BASIL	15.95	19.95	21.95
<i>Accented with a touch of fresh garlic</i>			
VEGETABLE COMBO	16.95	20.95	22.95
<i>Broccoli, black olives, spinach, onions, sweet bell peppers & mushrooms</i>			
DELLA NONNA	14.95	18.95	20.95
<i>Sun-dried tomatoes & artichokes</i>			
FETA & CAPERS	14.95	18.95	20.95
<i>Feta cheese, mozzarella cheese, our homemade red sauce, capers & fresh basil</i>			
EGGPLANT PISA	16.95	20.95	22.95
<i>Gorgonzola bleu cheese sauce, eggplant, mushrooms, spinach, artichokes & roasted peppers drizzled with balsamic vinegar and topped with mozzarella cheese. Made without red sauce</i>			
TWO-TOMATO VERDE	15.95	19.95	21.95
<i>Our classic pesto sauce topped with a touch of red sauce, sun-dried tomatoes, fresh tomatoes and mozzarella cheese</i>			
EGGPLANT DI SERA	16.95	20.95	22.95
<i>Marinated eggplant, sautéed zucchini, black olives & bruschetta</i>			
PRIMAVERA	15.95	19.95	21.95
<i>Broccoli, spinach, tomatoes & a touch of fresh garlic</i>			