

SMART EATING APPETIZERS

FRESH MOZZARELLA & ROASTED PEPPERS	9.95
<i>Prepared with fresh tomatoes, sun-dried tomatoes & fresh garlic on a bed of baby greens</i>	
FRESH MOZZARELLA WITH TOMATOES, BASIL & OLIVE OIL	9.95
<i>Served on a bed of baby greens and garnished with sun-dried tomatoes</i>	
WHOLE WHEAT BRUSCHETTA SAMPLER	9.95
<i>Homemade focaccia ~ ½ Bruschetta topped with fresh mozzarella</i>	
<i>½ Our classic pesto topped with sun-dried tomatoes</i>	
SHRIMP OR MUSSELS ROMANO	9.45
<i>Shrimp (8) or mussels (10) sautéed in butter with fresh garlic & lemon</i>	
EGGPLANT PISA	9.95
<i>Layered eggplant, mushrooms, spinach, artichokes & roasted peppers drizzled with Gorgonzola bleu cheese sauce & balsamic vinegar</i>	
CHICKEN TORINO	9.95
<i>Grilled chicken & capers in our white wine sauce topped with melted mozzarella cheese</i>	

SALADS

ADD GRILLED CHICKEN TO ANY SALAD
 Small ~ 2.00 Large ~ 3.00

	SMALL	LARGE
FETA GARDEN MIX	6.95	8.95
<i>Mesclun mix, tomatoes, red onions, feta cheese & balsamic vinaigrette</i>		
MORESCA	7.95	9.95
<i>Mesclun mix, dried cranberries, walnuts, feta cheese, tomatoes, red onions & balsamic vinaigrette</i>		
INSALATA	7.95	9.95
<i>Mesclun mix, fresh mozzarella, roasted peppers, sun-dried tomatoes, pignoli nuts & balsamic vinaigrette</i>		
<i>Enhance with warm grilled chicken ~ Small: 2.00, Large: 3.00</i>		
<i>Enhance with grilled shrimp ~ Small: 3.00, Large: 4.00</i>		
<i>Enhance with our classic pesto sauce ~ 1.00</i>		
CALDO E FREDDO	8.95	10.95
<i>Mesclun mix, warm medallions of sausage, sautéed spinach, tomatoes, black olives, mozzarella cheese & Basil-chianti vinaigrette</i>		
SHRIMP & FETA	8.95	10.95
<i>Shrimp, roasted peppers, tomatoes, red onions & feta cheese over mesclun mix</i>		
EGGPLANT PISA	8.95	10.95
<i>Layered eggplant, mushrooms, spinach, artichokes & roasted peppers served over baby greens and drizzled with Gorgonzola blue cheese dressing & balsamic vinegar</i>		

LITE DRESSINGS

Italian ♦ Ranch

DRESSINGS

Balsamic Vinaigrette ♦ Bleu Cheese ♦ Caesar ♦ Chianti-Basil Vinaigrette ♦ Creamy Italian
 Creamy Roasted Red Pepper ♦ French ♦ Honey-Mustard ♦ Mediterranean Feta ♦ Oil & Vinegar ♦ Quattro Formaggio ♦ Ranch