

MAMA'S

& CAFE BACI

GLUTEN-FREE MENU

These selections accommodate our guests who maintain a diet free of gluten. We appreciate the sensitivity of gluten for these guests and prepare all of our gluten-free dishes with exceptional care to ensure satisfaction and peace of mind.



CATERING TO TODAY'S LIFESTYLES

Gluten-Free selections are also available with our catering services.
See our À La Carte Catering Menu in the restaurant or view it [online](#).

GLUTEN-FREE APPETIZERS

EGGPLANT PISA	9.95
<i>Gluten-free breaded eggplant layered with mushrooms, spinach, artichokes & roasted peppers drizzled with Gorgonzola bleu cheese sauce & balsamic vinegar</i>	
EGGPLANT PRIMO	9.95
<i>Gluten-free breaded eggplant rolled with imported prosciutto & roasted peppers topped with our homemade red sauce, melted mozzarella cheese & a touch of our homemade pesto</i>	
FRESH MOZZARELLA, TOMATOES & BASIL	9.95
<i>Served on a bed of baby greens and garnished with sun-dried tomatoes</i>	
FRESH MOZZARELLA & ROASTED PEPPERS	9.95
<i>Prepared with fresh tomatoes, sun-dried tomatoes & fresh garlic on a bed of baby greens Enhance with imported prosciutto ~ 1.00</i>	
HOMEMADE FRIED ZUCCHINI	9.95
<i>Hand-battered in our gluten-free breading and fried to a light, delicate, crisp</i>	
SHRIMP COCKTAIL	8.95
<i>Chilled shrimp (6) served with cocktail sauce and lemons</i>	
BATTERED TIKI SHRIMP	10.95
<i>Gluten-free battered shrimp served with our classic pesto & bleu cheese dressing for dipping</i>	
SHRIMP ROMANO	9.45
<i>Shrimp (8) sautéed in butter with fresh garlic & lemon</i>	
MUSSELS ROMANO	9.45
<i>Mussels (10) sautéed in butter with fresh garlic & lemon</i>	
MUSSELS MARINARA	9.95
<i>Mussels (10) prepared in our homemade red sauce with a touch of fresh garlic. Served spicy or mild</i>	
STEAMED CLAMS	8.95
<i>One dozen littleneck clams served with butter for dipping or served sautéed in fresh garlic & olive oil</i>	
FRIED CALAMARI	10.95
<i>Traditional-style fried calamari with our gluten-free batter. Served with homemade red sauce or in garlic & olive oil. Served spicy or mild</i>	
FRESH CALAMARI	8.95
<i>Fresh clamari sautéed with a touch of fresh garlic and prepared in homemade red sauce or served in garlic & olive oil. Served spicy or mild</i>	
CHICKEN TORINO	9.95
<i>Grilled chicken & capers in our white wine sauce topped with melted mozzarella cheese</i>	

AN 18% GRATUITY MAY BE INCLUDED FOR PARTIES OF 6 OR MORE.

GLUTEN-FREE APPETIZERS

GLUTEN-FREE ONION RINGS <i>The classic treat with a crunchy, delicious gluten-free crust</i>	9.95
HOMEMADE FRIED ZUCCHINI <i>Hand-battered in our gluten-free breading and fried to a light, delicate crisp</i>	9.95
GLUTEN-FREE MOZZARELLA STICKS <i>The beloved crispy, cheese snack in a gluten-free preparation.</i>	10.95
GLUTEN-FREE APPETIZER MEDLEY <i>An assortment of classics prepared especially for gluten-free guests ~ Onion Rings, Fried Zucchini & Mozzarella Sticks</i>	12.95
GLUTEN-FREE GARLIC BREAD <i>Enhance with melted mozzarella ~ 1.00 or melted mozzarella & pepperoni ~ 2.00</i>	7.95
BRUSCHETTA WITH FRESH MOZZARELLA <i>Gluten-free bread topped with fresh tomatoes, onions, basil, garlic, olive oil & fresh mozzarella</i>	9.95
PESTO BREAD WITH SUN-DRIED TOMATOES <i>Gluten-free bread topped with our classic pesto sauce and sun-dried tomatoes</i>	9.95
GLUTEN-FREE BREAD STICKS <i>Seasoned with garlic, herbs & Parmesan cheese. Enhance with melted mozzarella ~ 0.50</i>	9.95
PIEROGIES <i>Made with gluten-free dough and served with sautéed onions & sour cream</i>	9.95
ASPARAGUS FRESCO <i>Fresh asparagus wrapped with imported prosciutto, roasted peppers & provolone cheese. Served chilled over baby greens with balsamic vinaigrette & garnished with sun-dried tomatoes</i>	9.95
ASPARAGUS LUCIANO <i>Fresh asparagus & imported prosciutto sautéed in garlic & olive oil</i>	9.95
ROLLI POLLIS <i>Sliced ham rolled with pepperoni and topped with melted mozzarella cheese ~ 6 per serving</i>	8.95

AN 18% GRATUITY MAY BE INCLUDED FOR PARTIES OF 6 OR MORE.

GLUTEN-FREE SALADS

ADD GRILLED CHICKEN TO ANY SALAD
Small ~ 2.00 Large ~ 3.00

	SMALL	LARGE
TOSSED SALAD <i>Romaine & iceberg lettuce, tomatoes & black olives</i>	3.95	5.95
GARDEN MIX <i>Mesclun mix, tomatoes & red onions</i>	4.95	6.95
FETA GARDEN MIX <i>Mesclun mix, tomatoes, red onions, feta cheese & balsamic vinaigrette</i>	6.95	8.95
MORESCA <i>Mesclun mix, dried cranberries, walnuts, feta cheese, tomatoes, red onions & balsamic vinaigrette</i>	7.95	9.95
INSALATA <i>Mesclun mix, fresh mozzarella, roasted peppers, sun-dried tomatoes, pignoli nuts & balsamic vinaigrette</i> <i>Enhance with warm grilled chicken ~ Small: 2.00, Large: 3.00</i> <i>Enhance with grilled shrimp ~ Small: 3.00, Large: 4.00</i> <i>Enhance with our classic pesto sauce ~ 1.00</i>	7.95	9.95
CAESAR SALAD <i>Crisp romaine & iceberg lettuce, gluten-free croutons & Caesar dressing topped with shredded Parmesan cheese</i> <i>Enhance with warm grilled chicken ~ Small: 2.00, Large: 3.00</i> <i>Enhance with grilled shrimp ~ Small: 3.00, Large: 4.00</i>	5.95	7.95
SHRIMP SCAMPI SALAD <i>Romaine & tomatoes topped with grilled shrimp in butter and garlic with seasoned gluten-free bread crumbs served on the side</i>	8.95	10.95
CALDO E FREDDO <i>Mesclun mix, warm medallions of sausage, sautéed spinach, tomatoes, black olives, mozzarella cheese & Chianti-basil vinaigrette</i>	8.95	10.95
SHRIMP & FETA <i>Shrimp, roasted peppers, tomatoes, red onions & feta cheese over mesclun mix</i>	8.95	10.95
GRILLED CHICKEN & BACON <i>Romaine & iceberg lettuce, tomatoes, black olives, grilled chicken, bacon & ranch dressing</i>	8.95	10.95
EGGPLANT PISA <i>Layered eggplant, mushrooms, spinach, artichokes & roasted peppers served over baby greens and drizzled with Gorgonzola blue cheese dressing & balsamic vinegar</i>	8.95	10.95
TUSCANY DELIGHT <i>Tomatoes, black olives, roasted peppers, prosciutto, provolone cheese & Quattro Formaggio dressing</i>	8.95	10.95
CHEF'S SALAD <i>Romaine & iceberg lettuce, tomatoes, black olives, ham, salami & provolone cheese</i>	7.95	9.95
ITALIAN ANTIPASTO <i>Romaine & iceberg, tomatoes, olives, giardiniera (marinated vegetables), ham, salami & provolone cheese</i>	8.95	10.95
AMERICAN ANTIPASTO <i>Romaine & iceberg lettuce, tomatoes, black olives, mushrooms, sweet bell peppers, ham, salami, pepperoni, provolone cheese & shredded mozzarella cheese</i>	8.95	10.95

DRESSINGS

Balsamic Vinaigrette ❖ Bleu Cheese ❖ Caesar ❖ Chianti-Basil Vinaigrette ❖ Creamy Italian
Creamy Roasted Red Pepper ❖ French ❖ Honey-Mustard ❖ Mediterranean Feta ❖ Oil & Vinegar ❖ Quattro Formaggio ❖ Ranch

LITE DRESSINGS

Italian ❖ Ranch

GLUTEN-FREE SPECIALTY PASTAS

ALL OF OUR GLUTEN-FREE PASTA SELECTIONS ARE PREPARED WITH PENNE UNLESS OTHERWISE NOTED

WHITE CHAMPAGNE PALMA	20.95
<i>Sun-dried tomatoes, spinach & artichokes in our homemade white champagne sauce</i>	
PINK CHAMPAGNE CASENA	20.95
<i>Our creamy pink champagne sauce served over penne and topped with fresh bruschetta</i>	
BAKED ZITI	15.95
<i>Tossed with ricotta cheese & homemade sauce topped with melted mozzarella cheese</i>	
PENNE WITH MEATBALLS OR MEAT SAUCE	17.95
<i>Gluten-free meatballs in our homemade tomato-basil red sauce. Enhance with our creamy rosa sauce ~ 2.00</i>	
PENNE RED	14.95
<i>Prepared in our homemade tomato-basil red sauce</i>	
CHEESE RAVIOLI	16.95
<i>May be served baked with melted mozzarella cheese ~ 2.00</i>	
PENNE ALFREDO	17.95
<i>Enhance with grilled chicken ~ 3.00 or shrimp ~ 5.00</i>	
PENNE PESTO	17.95
<i>Prepared in our version of the classic basil sauce</i>	
PENNE CREAMY PESTO	18.95
<i>A delightful combination of our homemade Alfredo & pesto sauces</i>	
PENNE VODKA	17.95
<i>Imported penne served in our famous vodka sauce. Enhance with prosciutto or grilled chicken ~ 3.00 or shrimp ~ 4.00</i>	
VESUVIO	19.95
<i>Bacon, fresh mushrooms & peas prepared in our creamy rosa sauce or in our Alfredo sauce</i>	
VERONA	19.95
<i>Sautéed spinach, mushrooms, prosciutto & garlic prepared in our red sauce or in fresh garlic & olive oil</i>	
ASPARAGUS & PROSCIUTTO	20.95
<i>Fresh asparagus & imported prosciutto sautéed in garlic & olive oil</i>	
CARBONARA	19.95
<i>Penne tossed with bacon in our homemade Alfredo sauce</i>	
AGLIO-E-OILIO	16.95
<i>Fresh garlic, cherry tomatoes, pignoli nuts & fresh basil sautéed in olive oil. Enhance with fresh mozzarella ~ 2.00</i>	

GLUTEN-FREE PASTA & CHICKEN

ALL OF OUR GLUTEN-FREE PASTA SELECTIONS ARE PREPARED WITH PENNE

CHICKEN TOSCANA	20.95
<i>Grilled chicken, prosciutto, roasted peppers & spinach in our white wine sauce topped with melted mozzarella cheese</i>	
CHICKEN PRIMAVERA	20.95
<i>Grilled chicken, broccoli, roasted peppers, cherry tomatoes & zucchini sautéed in garlic & olive oil</i>	
CHICKEN TORINO	19.95
<i>Grilled chicken & capers in our white wine sauce topped with melted mozzarella cheese</i>	
CHICKEN SCAMPI	19.95
<i>Grilled chicken sautéed with butter, garlic, seasoned gluten-free bread crumbs, white wine & lemon</i>	
CHICKEN VESUVIO	20.95
<i>Grilled chicken, mushrooms, peas & bacon prepared in our creamy rosa sauce</i>	
CHICKEN CAMPAGNA	20.95
<i>Grilled chicken, artichokes, sun-dried tomatoes & broccoli prepared in our sweet sherry wine sauce topped with melted mozzarella cheese</i>	
CHICKEN & SPINACH	19.95
<i>Spinach & grilled chicken prepared in our creamy rosa sauce</i>	
GRILLED CHICKEN, BROCCOLI & ROASTED PEPPERS	19.95
<i>Served in your choice of our sweet sherry wine sauce or sautéed in fresh garlic & olive oil</i>	
BALSAMIC CHICKEN	20.95
<i>Grilled chicken sautéed in a balsamic reduction with garlic & onions and topped with slices of chilled fresh mozzarella</i>	
FRANCESE	20.95
<i>Grilled chicken served in our homemade white wine-lemon sauce</i>	
PICCATA	20.95
<i>Grilled chicken sautéed with garlic & capers in our homemade white wine-lemon sauce</i>	
LEMON-ROSEMARY CHICKEN	20.95
<i>Grilled chicken in our homemade lemon sauce with a touch of fresh rosemary</i>	
MARSALA	20.95
<i>Grilled chicken sautéed with fresh mushrooms in our homemade Marsala wine sauce</i>	
CACCIATORE	20.95
<i>Grilled chicken, fresh mushrooms, sweet bell peppers & onions in our homemade red sauce</i>	
PENNE DI ORO	20.95
<i>Fresh broccoli & grilled chicken in our homemade Alfredo sauce</i>	
CHICKEN PARMIGIANA	18.95
<i>Hand-breaded chicken prepared with gluten-free bread crumbs prepared in our homemade red sauce. Enhance with our creamy rosa sauce ~ 2.00</i>	
FIORE	20.95
<i>Grilled chicken, spinach & capers sautéed in our fresh garlic, olive oil & lemon sauce</i>	

AN 18% GRATUITY MAY BE INCLUDED FOR PARTIES OF 6 OR MORE.

GLUTEN-FREE PASTA & SEAFOOD

ALL OF OUR GLUTEN-FREE PASTA SELECTIONS ARE PREPARED WITH PENNE

SHRIMP ROMANO	20.95
<i>Shrimp sautéed in butter with fresh garlic & lemon</i>	
CLAM SAUCE	20.95
<i>Littleneck clams sautéed with garlic served in our homemade red sauce or served in fresh garlic & olive oil</i>	
SHRIMP TOSCANA	22.95
<i>Shrimp, prosciutto, roasted peppers & spinach in our white wine sauce topped with melted mozzarella cheese</i>	
SHRIMP VESUVIO	22.95
<i>Shrimp, mushrooms, peas & bacon prepared in our creamy rosa sauce</i>	
CLAMS & SHRIMP	22.95
<i>Sautéed littleneck clams & shrimp prepared in our homemade red sauce or served in fresh garlic & olive oil</i>	
SHRIMP & BACON	20.95
<i>Sautéed shrimp & bacon served in our homemade creamy rosa sauce</i>	
SALMON SAPORE	22.95
<i>Fresh salmon, bacon, capers & onions prepared in our famous vodka sauce</i>	
MUSSELS	20.95
<i>Mussels sautéed with fresh garlic served in our homemade red sauce or served in fresh garlic & olive oil</i>	
FRESH CALAMARI	20.95
<i>Calamari sautéed with fresh garlic, black olives & capers served in our homemade red sauce or served in fresh garlic & olive oil</i>	
SHRIMP FRANCESE	21.95
<i>Sautéed shrimp in our homemade white wine-lemon sauce</i>	
SHRIMP VERONA	21.95
<i>Shrimp, spinach, mushrooms & prosciutto prepared in our homemade red sauce or sautéed in garlic & olive oil</i>	
SHRIMP PRIMAVERA	22.95
<i>Shrimp, broccoli, roasted peppers, cherry tomatoes & zucchini sautéed in garlic & olive oil</i>	
PESCATORE	24.95
<i>Mussels, littleneck clams & shrimp sautéed in fresh garlic served in our homemade red sauce</i>	
<i>Enhance with scungilli ~ 5.00</i>	
SHRIMP PARMIGIANA	20.95
<i>Shrimp sautéed with garlic prepared in our homemade red sauce and topped with melted mozzarella cheese</i>	
SCAMPI	20.95
<i>Shrimp sautéed with butter, garlic, seasoned gluten-free bread crumbs, white wine & lemon</i>	
SHRIMP ALLA CREAMY PESTO	22.95
<i>Sautéed shrimp served in a delightful combination of our homemade Alfredo & pesto sauces & topped with sun-dried tomatoes</i>	
SHRIMP FRA DIAVLO	20.95
<i>Shrimp sautéed with fresh garlic served in our spicy red sauce</i>	

RICE & SEAFOOD

RUSTIC ATLANTIC SALMON	19.95
<i>Served over rice in our rustic piccata sauce with grape tomatoes, mushrooms, onions, capers & fresh basil with a side of asparagus sautéed in garlic & olive oil</i>	
LEMON-PEPPER FLOUNDER	19.95
<i>Served over rice in our creamy Dijon sauce with sautéed spinach</i>	

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GLUTEN-FREE PASTA & VEAL

ALL OF OUR GLUTEN-FREE PASTA SELECTIONS ARE PREPARED WITH PENNE UNLESS OTHERWISE NOTED

VEAL AL FRESCO	21.95
<i>Freshly prepared veal topped with homemade bruschetta & chilled fresh mozzarella served on a bed of baby greens with balsamic reduction. Served without pasta</i>	
VEAL TOSCANA	22.95
<i>Delicate veal, imported prosciutto, roasted peppers & spinach in our homemade white wine sauce topped with melted mozzarella cheese</i>	
VEAL PICCATA	21.95
<i>Delicate veal sautéed with fresh garlic & capers in our white wine-lemon sauce</i>	
VEAL MARSALA	21.95
<i>Delicate veal sautéed with mushrooms served in our homemade Marsala wine sauce</i>	
VEAL FRANCESE	21.95
<i>Delicate veal prepared in our homemade white wine-lemon sauce</i>	
VEAL PARMIGIANA	20.95
<i>Hand-battered and prepared in homemade red sauce over penne. Enhance with our gluten-free creamy rosa sauce ~ 2.00</i>	

GLUTEN-FREE PASTA & VEGETABLES

ALL OF OUR GLUTEN-FREE PASTA SELECTIONS ARE PREPARED WITH PENNE

CAMPAGNA	20.95
<i>Artichokes, sun-dried tomatoes & broccoli prepared in our sweet sherry wine sauce topped with melted mozzarella cheese</i>	
DELLA NONNA	19.95
<i>Artichokes & sun-dried tomatoes prepared in our creamy rosa sauce</i>	
ROSARIO	20.95
<i>Gluten-free breaded eggplant with roasted peppers and sun-dried tomatoes prepared in our creamy rosa sauce</i>	
PASTA DI SANTO	19.95
<i>Marinated eggplant, grilled zucchini, cherry tomatoes & capers in a mildly spicy red sauce</i>	
PRIMAVERA	20.95
<i>Broccoli, roasted peppers, cherry tomatoes & zucchini sautéed in garlic & olive oil</i>	
PASTA VENEZIA	20.95
<i>Sautéed roasted peppers, black olives & garlic topped with feta cheese served in our homemade red sauce or served in fresh garlic & olive oil</i>	
EGGPLANT PARMIGIANA	18.95
<i>Prepared in our homemade red sauce. Enhance with our creamy rosa sauce ~ 2.00</i>	

RISOTTOS

CHICKEN RISOTTO	20.95
<i>Chicken, bacon, sun-dried tomatoes & onion in our white cream sauce with tender risotto</i>	
SEAFOOD RISOTTO	21.95
<i>Mussels, clams and shrimp in our homemade pink champagne sauce with a touch of rosemary</i>	
VEGETABLE RISOTTO	19.95
<i>Asparagus, sweet bell peppers, zucchini & grilled tomatoes in our creamy pink sauce with tender risotto</i>	

WARM GLUTEN-FREE SANDWICHES

SERVED ON A 7" GLUTEN-FREE BAGUETTE

8.95

GRILLED CHICKEN & VEAL

VEAL PARMIGIANA

VEAL PARMIGIANA WITH CREAMY ROSA SAUCE

VEAL CAPRI

Tender veal, fresh mozzarella, roasted peppers, baby greens & balsamic vinaigrette

CHICKEN PARMIGIANA

Hand-breaded chicken prepared with our gluten-free bread crumbs and prepared with our homemade red sauce or creamy rosa sauce

GRILLED CALIFORNIA CHICKEN

Lettuce, tomatoes & mayonnaise topped with melted mozzarella cheese

GRILLED CHICKEN MONTESA

Prepared with bacon with lettuce, tomatoes, provolone cheese & ranch dressing

CHICKEN CAPRI

Grilled chicken, fresh mozzarella, roasted peppers, baby greens & balsamic vinaigrette

GRILLED CHICKEN PROCIDA

Prepared with ham, Swiss cheese, tomatoes & honey-mustard dressing

GRILLED CHICKEN SORRENTO

Prepared with sun-dried tomatoes, fresh mozzarella & our classic pesto

VEGETARIAN

EGGPLANT, SPINACH & GARLIC

Prepared with melted mozzarella cheese & a touch of our homemade red sauce

EGGPLANT, ROASTED PEPPERS, FRESH MOZZARELLA & BALSAMIC VINEGAR

EGGPLANT PARMIGIANA

EGGPLANT PARMIGIANA WITH CREAMY ROSA SAUCE

VEGGIE MELT

Grilled mushrooms, black olives, sweet bell peppers, onions, tomatoes & lettuce topped with melted mozzarella cheese

TUNA MELT

Freshly prepared tuna salad, lettuce, tomatoes & melted American cheese

ITALIAN

PROSCIUTTO MELT

Imported prosciutto, lettuce, tomatoes, melted mozzarella cheese & a touch of olive oil & vinegar

MEATBALL PARMIGIANA

SAUSAGE

SAUSAGE PARMIGIANA

SAUSAGE & PEPPERS

SAUSAGE & PEPPERS PARMIGIANA

SAUSAGE, PEPPERS & ONIONS PARMIGIANA

CHEESE STEAKS

CLASSIC CHEESE STEAK WITH AMERICAN CHEESE & RED SAUCE

CHEESE STEAK COMBO

Prepared with homemade red sauce, sautéed onions, sweet bell peppers & mushrooms

CHEESE STEAK WITH HOT CHERRY PEPPERS & RED SAUCE

CALIFORNIA CHEESE STEAK

Lettuce, tomatoes, mayonnaise, ketchup & American cheese ~ prepared without red sauce

PIZZA STEAK

Prepared with homemade red sauce mozzarella cheese

TRADITIONAL GLUTEN-FREE SANDWICHES

SERVED ON A 7" GLUTEN-FREE BAGUETTE AND GARNISHED WITH LETTUCE, TOMATOES, OIL & VINEGAR
8.95

FRESH MOZZARELLA & ROASTED PEPPERS

Prepared with tomatoes, fresh garlic & olive oil. Enhance with imported prosciutto ~ 1.00

FRESH MOZZARELLA, TOMATOES & BASIL

Baby greens & balsamic vinaigrette

VEGGIE

Sweet bell peppers, onions, mushrooms & black olives

ITALIAN

Ham, salami & provolone cheese

MAMA'S COMBO

Prepared with roast beef, turkey, ham, salami & provolone cheese

HAM, SALAMI, CAPPICOLA & PROVOLONE CHEESE

SALAMI & CHEESE

PEPPERONI & CHEESE

CHEESE TRIO

Mozzarella, American & provolone cheese

TUNA SALAD

Prepared with lettuce & tomatoes

HOT TURKEY BLT

Prepared with bacon, lettuce, tomatoes, ranch dressing & provolone cheese

ROAST BEEF

ROAST BEEF & CHEESE

ROAST BEEF, TURKEY & CHEESE

TURKEY

TURKEY & CHEESE

TURKEY, HAM & CHEESE

GLUTEN-FREE SIDES

GLUTEN-FREE PENNE	11.95
<i>Prepared in our homemade red sauce</i>	
MEATBALLS	7.95
<i>Served in our homemade red sauce</i>	
SAUSAGE	5.95
<i>Served in our homemade red sauce</i>	
ASPARAGUS & PROSCIUTTO SAUTÉED IN FRESH GARLIC & OLIVE OIL	7.45
MEDALLIONS OF SAUSAGE WITH SPINACH & ROASTED PEPPERS	7.95
<i>Sautéed in fresh garlic & olive oil</i>	
ASPARAGUS & SUN-DRIED TOMATOES	7.45
<i>Prepared in our creamy rosa sauce</i>	
ARTICHOKES & CHERRY TOMATOES	6.95
<i>Sautéed in fresh garlic & olive oil and topped with feta cheese</i>	
SPINACH OR BROCCOLI SAUTÉED IN GARLIC & OLIVE OIL	6.95
<i>Enhance with imported prosciutto ~ 1.00</i>	
STEAMED BROCCOLI OR ASPARAGUS	5.95

AN 18% GRATUITY MAY BE INCLUDED FOR PARTIES OF 6 OR MORE.

GOURMET GLUTEN-FREE PIZZAS

ALL GLUTEN-FREE PIZZAS ARE MADE ON OUR 10" PERSONAL-SIZE DOUGH
SOY CHEESE ~ ADD 2.00

TRADITIONAL PIZZAS

TRADITIONAL-STYLE GLUTEN-FREE PIZZA	13.95
LEAN & TRIM PIZZA <i>Our gluten-free personal pizza made with homemade red sauce & low fat mozzarella cheese</i>	15.95
FRESH MOZZARELLA, TOMATOES & BASIL <i>Accented with a touch of fresh garlic</i>	19.95
WHITE CHEESE <i>Ricotta & mozzarella cheese. Made without sauce</i>	16.95

SPECIALTY PIZZAS

ASPARAGUS & PROSCIUTTO <i>Accented with a touch of fresh garlic</i>	19.95
MAMA'S COMBINATION <i>Sausage, mushrooms, pepperoni, sweet bell peppers & onions</i>	20.95
4 CHEESE <i>Ricotta, mozzarella, American & provolone cheese ~ made without red sauce</i>	19.95
HAWAIIAN <i>Pineapple & ham</i>	18.95
BLT <i>Bacon, lettuce, tomatoes, mayonnaise & mozzarella cheese ~ made without red sauce</i>	19.95
PENNE VODKA <i>Topped with our famous vodka sauce, gluten-free penne & mozzarella cheese</i>	19.95

VEGETABLE PIZZAS

FRESH MOZZARELLA, TOMATOES & BASIL <i>Accented with a touch of fresh garlic</i>	19.95
VEGETABLE COMBO <i>Broccoli, black olives, spinach, onions, sweet bell peppers & mushrooms</i>	20.95
DELLA NONNA <i>Sun-dried tomatoes & artichokes</i>	18.95
FETA & CAPERS <i>Feta cheese, mozzarella cheese, our homemade red sauce, capers & fresh basil</i>	18.95
EGGPLANT PISA <i>Gorgonzola bleu cheese sauce, eggplant, mushrooms, spinach, artichokes & roasted peppers drizzled with balsamic vinegar and topped with mozzarella cheese. Made without red sauce.</i>	20.95
TWO-TOMATO VERDE <i>Our classic pesto sauce topped with a touch of our red sauce, sun-dried tomatoes, fresh tomatoes and mozzarella cheese</i>	19.95
EGGPLANT DI SERA <i>Marinated eggplant, sautéed zucchini, black olives & bruschetta</i>	20.95
PRIMAVERA <i>Broccoli, spinach, tomatoes & a touch of fresh garlic</i>	19.95

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GOURMET GLUTEN-FREE PIZZAS

ALL GLUTEN-FREE PIZZAS ARE MADE ON OUR 10" PERSONAL-SIZE DOUGH
SOY CHEESE ~ ADD 2.00

GRILLED CHICKEN, MEAT & SEAFOOD PIZZAS

CACCIATORE <i>Grilled chicken, fresh mushrooms, sweet bell peppers & onions</i>	20.95
SORRENTO <i>Grilled chicken, sun-dried tomatoes, a touch of our red sauce, mozzarella cheese & pesto</i>	20.95
CHICKEN PARMIGIANA <i>Gluten-free breaded chicken, fresh garlic & parsley</i>	19.95
GRILLED CHICKEN, ROASTED PEPPERS & BROCCOLI	20.95
BBQ CHICKEN <i>Grilled chicken, barbecue sauce & mozzarella cheese</i>	19.95
HONEY-MUSTARD CHICKEN <i>Grilled honey-mustard chicken, our homemade red sauce & mozzarella cheese</i>	19.95
GRILLED CHICKEN & BACON <i>Prepared with ranch dressing & mozzarella cheese</i>	19.95
BUFFALO CHICKEN <i>Grilled chicken & Buffalo sauce topped with ranch dressing & mozzarella cheese</i>	19.95
CHEESE STEAK <i>Grilled steak, American cheese, mozzarella cheese & our homemade red sauce</i>	18.95
BACON DELIGHT <i>Bacon & ham</i>	19.95
SEAFOOD COMBO <i>Clams, shrimp, mussels & a touch of garlic</i>	22.95
SHRIMP & BACON <i>Shrimp, bacon & a touch of garlic</i>	20.95

CREATE YOUR OWN GLUTEN-FREE PIZZA

TRADITIONAL-STYLE 10" PERSONAL SIZE ~ 13.95. TOPPINGS ADDITIONAL
SOY CHEESE ~ ADD 2.00

STANDARD TOPPINGS

1.95 EACH

MEAT

BACON ❖ HAM ❖ PEPPERONI ❖ SALAMI ❖ SAUSAGE

PASTA

PENNE

CHEESE

EXTRA MOZZARELLA

VEGETABLE

ARTICHOKES ❖ ASPARAGUS ❖ BLACK OLIVES
BROCCOLI ❖ CAPERS ❖ GARLIC ❖ MUSHROOMS
ONIONS ❖ PEPPERS ❖ PINEAPPLE ❖ ROASTED PEPPERS
SPINACH ❖ SUN-DRIED TOMATOES ❖ TOMATOES
ZUCCHINI

SEAFOOD

ANCHOVIES ❖ MUSSELS

GOURMET SAUCE

BARBECUE SAUCE ❖ CREAMY ROSA ❖ VODKA SAUCE

DELUXE TOPPINGS

2.95 EACH

MEAT

GRILLED CHICKEN ❖ PROSCIUTTO ❖ STEAK

CHEESE

FETA ❖ FRESH MOZZARELLA ❖ RICOTTA

VEGETABLE

BRUSCHETTA ❖ EGGPLANT

SEAFOOD

FRESH CALAMARI ❖ CLAMS ❖ SHRIMP

GOURMET SAUCE

ALFREDO ❖ GORGONZOLA BLEU CHEESE
PESTO ❖ SCAMPI

HOT BEVERAGES

ANY COFFEE, TEA, CAPPUCINO, LATTE OR ESPRESSO IS AVAILABLE DECAFFEINATED

ON THE ROCKS

ANY HOT BEVERAGE MAY BE SERVED ON ICE IN A LARGE GLASS ~ ADD 1.00

DESSERT & COFFEE

SEE THE COFFEE & DESSERT MENU AT YOUR TABLE FOR MORE SELECTIONS

COFFEE OR TEA	1.95
CAPPUCINO	4.95
FLAVORED CAPPUCINO	5.45
<i>Amaretto ❖ Caramel ❖ Chocolate ❖ Cinnamon ❖ Hazelnut ❖ Irish Cream</i>	
<i>Mocha ❖ Peppermint ❖ Raspberry ❖ Vanilla ❖ White Chocolate</i>	
CAFFÈ LATTE	4.95
<i>Prepared with espresso & steamed milk</i>	
FLAVORED CAFFÈ LATTE	5.45
<i>Amaretto ❖ Caramel ❖ Chocolate ❖ Cinnamon ❖ Hazelnut ❖ Irish Cream</i>	
<i>Mocha ❖ Peppermint ❖ Raspberry ❖ Vanilla ❖ White Chocolate</i>	
ESPRESSO	2.95
DOUBLE ESPRESSO	3.95
CHOCOLATE ESPRESSO	3.45
CHAI TEA	4.95
<i>Raspberry ❖ Spice ❖ Vanilla</i>	
CHAI LATTE	4.95
<i>Prepared with steamed milk. Raspberry ❖ Spice ❖ Vanilla</i>	
GOURMET HOT CHOCOLATE	2.95
<i>Prepared with steamed milk</i>	

COLD SODAS, TEAS & JUICES

SODA BY THE GLASS ~ FREE REFILLS	2.45
<i>Pepsi ❖ Diet Pepsi ❖ Root Beer ❖ Sierra Mist ❖ Mountain Dew</i>	
PITCHER OF SODA	4.95
ICED TEA ~ FREE REFILLS	2.45
<i>Raspberry ❖ Unsweetened</i>	
LEMONADE ~ FREE REFILLS	2.45
APPLE JUICE OR CRANBERRY JUICE	2.45

SPECIALTY COLD DRINKS

BOTTLED SPRING WATER	1.95
SAN PELLIGRINO ~ SMALL OR LARGE	2.95 6.95
<i>Sparkling Italian mineral water</i>	
ARANCIATA	2.95
<i>The classic citrus-flavored soda. Orange ❖ Lemon</i>	
CHINOTTO	2.95
<i>A soft drink made from the juice of the chinotto fruit infused with herbs. With an uncommon bitter-sweet flavor, chinotto is the perfect before-meal beverage known to help open the palate. A true Italian specialty!</i>	
BITTER	2.95
<i>This non-alcoholic version of the classic Italian after-dinner drink is a biting infusion of herbs & spices to aid digestion.</i>	

WHOLESOME AT HOME MARKETPLACE

ENJOY OUR MOST POPULAR GLUTEN-FREE SELECTIONS IN YOUR HOME

BREADS

BAGUETTES	14.95
<i>Each package contains two 14" baguettes. Great for sandwiches, garlic bread or as a meal accompaniment</i>	
DINNER ROLLS	1.95
<i>Moist, round rolls available individually to make any meal complete</i>	
ITALIAN BREAD STICKS	9.95
<i>Seasoned bread sticks perfect for a delicious snack or as an addition to your home cooking</i>	

PASTA

HOMEMADE CHEESE RAVIOLI	16.95
<i>With taste and texture matching traditional ravioli, these have become our most popular gluten-free pasta 12 per bag</i>	
PIEROGIES	16.95
<i>The classic unleavened dough filled with potato & cheese. Available by the bag</i>	

HOMEMADE SPECIALTY SAUCES

AVAILABLE IN 16 OZ. OR 32 OZ.

TRADITIONAL TOMATO-BASIC SAUCE	7.95	10.95
<i>Our homemade red sauce families have enjoyed for 40 years</i>		
CREAMY ROSA OR OUR FAMOUS VODKA SAUCE	9.95	13.95
<i>Our creamy rosa sauce combining homemade tomato-basil sauce with homemade Alfredo sauce For the same delicious combination with a slight kick, select our famous vodka sauce</i>		
WHITE OR PINK CHAMPAGNE SAUCE	9.95	13.95
<i>Our light and creamy sauces elegantly enhanced with a touch of champagne</i>		
ALFREDO SAUCE	9.95	13.95
<i>The rich and creamy classic made the old-fashion way and thickened with Italian cheeses</i>		
CLASSIC PESTO OR CREAMY PESTO	9.95	13.95
<i>Our version of the classic basil sauce. Made with garlic, basil & the perfect touch of Parmesan cheese Also available in a delightful creamy style combined with our homemade Alfredo sauce</i>		
WHITE OR RED CLAM SAUCE	9.95	13.95
<i>Select freshly prepared clams in garlic & olive oil or in our traditional tomato-basil sauce</i>		
MARSALA WINE SAUCE	9.95	13.95
<i>Prepared fresh with mushrooms. Works well with lighter meats, especially chicken & veal</i>		
FRANCESE	9.95	13.95
<i>Homemade white wine-lemon sauce made to order. Great with lighter meats & fish</i>		
LEMON SAUCE	9.95	13.95
<i>Made to order with a touch of fresh garlic. Great with lighter meats & fish</i>		
PICCATA SAUCE	9.95	13.95
<i>Garlic and capers in a white wine-lemon sauce. Excellent with lighter meats & fish</i>		

WHOLESOME AT HOME MARKETPLACE

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PIZZA

PIZZA CRUST	9.95
<i>A 10" pizza crust perfect for making your own personal pizza</i>	
PIZZA CRUST WITH HOMEMADE PIZZA SAUCE	11.95
<i>A 10" pizza crust & our homemade pizza sauce perfect for making your own personal pizza Just add cheese & toppings as desired</i>	
PIZZA CRUST WITH HOMEMADE PIZZA SAUCE & SHREDDED MOZZARELLA	13.95
<i>Everything you need to make a delicious cheese pizza when it fits your schedule</i>	

DESSERTS

BISCOTTI	1.95
<i>The traditional Italian cookie in a delicious gluten-free version. Available with cranberries or chocolate</i>	
LARGE CHOCOLATE CHIP COOKIE	3.75
<i>A delectable chocolate chip cookie that is a whole dessert on its own. Even better, it's just like you remember</i>	
FUDGE BROWNIE	3.75
<i>A rich fudge brownie worth saving room for during dinner. Delicious enough to share with those who don't maintain a gluten-free diet, but why share something this decadent?</i>	
WALNUT CARROT CAKE	6.95
<i>Traditional-style carrot cake finished with cream cheese icing. Whole cakes available with advanced ordering</i>	
DECADENT CHOCOLATE CAKE	6.95
<i>Rich chocolate cake finished with white icing. Whole cakes available with advanced ordering</i>	
IVORY DELIGHT	6.95
<i>A moist white cake topped with vanilla icing. Whole cakes available with advanced ordering</i>	
ALMOND-HORN COOKIES	10.95
<i>The classic almond cookie — tender, flaky and hard to resist</i>	
CHOCOLATE-DIPPED COOKIES	10.95
<i>Delicious cookies dipped in rich chocolate. Available by the box</i>	
SHORTBREAD COOKIES	10.95
<i>A box of light and flavorful cookies that work just as well in the morning as in the evening</i>	

DISTINCTIVE SHEET CAKES

SHEET CAKES & SPECIAL OCCASION CAKES AVAILABLE.

ASK FOR DETAILS OR VIEW IT ONLINE AT MAMASCAFEBAKL.COM.

CATERING TO TODAY'S LIFESTYLES

Gluten-Free selections are also available with our catering services.

See our À La Carte Catering Menu in the restaurant or view it [online](#).